



# The Poile Zedek Bulletin

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Rabbi: Abraham J. Mykoff • President: Mr. Danny Ravitz

September / October 2009

Tishrei/Cheshvan 5770

**TODAY,  
YOU ARE ALL STANDING  
BEFORE  
THE LO-RD, YOUR G-D.**



**אתם נצבים היום  
כלכם לפני ה' אלקיכם**

## THE RABBI'S MESSAGE

The Code of Jewish Law (Shulchan Aruch Chapter 581) informs us that it is a custom to say Selichot, סליחות, special "prayers for forgiveness," throughout the month of Elul until the very end of Yom Kippur. This is the prevailing Sefardic custom to this very day. Ashkenazim (European Jews) however, have the custom to say Selichot Services starting the Sunday prior to Rosh Hashanah, provided that there are at least four days before Rosh Hashanah to say "Selichot." Otherwise, they start a week earlier. The Selichot Services are said in order to evoke in us spiritual introspection so we may reflect and correct our shortcomings before the judgment days of Rosh Hashanah and Yom Kippur.

Historically, it was during this forty day period that Hashem demonstrated His compassion for Israel. On Rosh Chodesh Elul Hashem instructed Moshe to ascend Mt. Sinai to receive the second set of the Ten Commandments which climaxed with G-d's giving the second tablets to the children of Israel on Yom Kippur day. Thus, this time period is recognized as an auspicious time of good will during which The Almighty is especially attentive to our supplications and petitions.

The primary prayer of the Selichot Service is the Thirteen Attributes of Kindness and Compassion (י"ג מדות) ascribed to The Almighty.

In the Tractate Rosh Hashanah (17B) the Talmud tells us that G-d informed Moshe that any time Israel sins, "ויעשו לפני כסדר הזה ואני מוזהל להם"—"Let them perform before me this procedure (of the Thirteen Attributes) and I will forgive them."

The Talmud doesn't say "let them say the Thirteen Attributes," but rather "Let them perform before me" implying that the main factor is not only to describe the

(Continued on page 3)

## THE PRESIDENT'S MESSAGE

Dear Members and Friends:

I hope this letter finds you well and that your summer has been an enjoyable one.

Rosh Hashanah will begin this Friday night, September 18. Seats for the High Holy Days are just \$75 per person (no charge for college students). If you haven't reserved seats yet, please call the synagogue at (732) 545-6123 or go to our website [www.poilezedek.org](http://www.poilezedek.org) to make your reservations. If you or someone you know would like to join us for services but have difficulty paying for seats please contact Rabbi Mykoff at (732) 545-6123.

We have recently sent out our Rosh Hashanah/Yom Kippur appeal letter. If you have not already responded, please do so now.

Congregation Poile Zedek will once again be hosting holiday meals free of charge. All our congregants are invited to join us on Shabbat, September 19, the first day of Rosh Hashanah for an elaborate Kiddush after services and on Sunday, September 20, for a Seudah Luncheon after services. On Monday night, October 28, we will host a break-the-fast meal after Yom Kippur; on Saturday night, October 10, we will have a Simchat Torah party, and on Simchat Toray day, Sunday, October 11, we will host a Seudah Luncheon after services.

Tashlich will be said on Sunday, September 20, since it is not said on Shabbat. Please see page 2 for our complete Yom Tov schedule.

Sukkot this year begins on Friday evening, October 2. Please note that because the first day of Sukkot is Shabbat, we do not take the Lulav and Esrog until Sunday morning. As we are located near the heart of the business district, our sukkah will be available to all those who are in need of a sukkah. Please let your friends and acquaintances know of

(Continued on page 3)

## ROSH HASHANA, YOM KIPPUR & SUCCOT SCHEDULE 2009/5770

### **Fri., Sept. 18 — *EREV ROSH HASHANA***

Slichot	7:10 A.M.
Shacharit	7:30 A.M.
Candle lighting	6:43 P.M.
Mincha, Kabbalat Shabbat, & Ma'ariv	6:45 P.M.

### **Shabbat., Sept. 19— *1<sup>ST</sup> DAY ROSH HASHANAH***

Shacharit	8:30 A.M.
Torah Reading	9:45 A.M.
Sermon	10:30 A.M.
Musaf Service	11:00 A.M.

followed by elaborate Kiddush

Mincha followed by a class & Ma'ariv	6:30 P.M.
Candle lighting	not before 7:50 P.M.

### **Sun., Sept. 20 — *2<sup>ND</sup> DAY ROSH HASHANAH***

Shacharit	8:30 A.M.
Torah Reading	9:45 A.M.
Sermon	10:30 A.M.
Shofar	10:45 A.M.
Musaf Service	11:00 A.M.

followed by Seudah Luncheon, Tashlich, & Mincha

Yom Tov ends	7:50 P.M.
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### **Mon., Sept. 21 — *TZOM (FAST OF) GEDALIAH***

Fast begins	5:30 A.M.
Fast ends	7:40 P.M.
Slichot	7:10 A.M.
Shacharit	7:30 A.M.

### **Fri., Sept. 25 — *EREV SHABBAT SHUVA— HA'AZINU***

Shacharit	7:30 A.M.
Candle Lighting	6:31 P.M.
Mincha, Kabbalat Shabbat, & Ma'ariv	6:30 P.M.

### **Shabbat, Sept. 25 — *SHABBAT SHUVA - HA'AZINU***

Shacharit	9:00 A.M.
Shabbat ends	7:41 P.M.

### **Sun., Sept. 27 — *EREV YOM KIPPUR***

Slichot	7:30 A.M.
Shacharit	8:00 A.M.
Perform the <i>Kapporot</i> ceremony (symbolic atonement).	
Candle Lighting	6:28 P.M.
Mincha	6:20 P.M.
Kol Nidrei	6:30 P.M.

### **Mon. Sept. 28— *Yom Kippur***

Shacharit	8:30 A.M.
Torah Reading	10:00 A.M.
Yizkor	11:00 A.M.
Musaf	11:30 A.M.
Seminar: Reflections on Yom Kippur	4:30 P.M.
Mincha	5:15 P.M.
N'ilah	6:30 P.M.
Fast Ends	7:37 P.M.

Break-the-Fast reception following services

### **Friday, Oct. 2— *EREV SUCCOT***

Shacharit	7:30 A.M.
Candle lighting	6:20 P.M.

Mincha, Kabbalat Shabbat, & Ma'ariv	6:20 P.M.
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### **Shabbat, Oct. 3—*1<sup>ST</sup> DAY SUCCOT***

Shacharit	9:00 A.M.
Mincha and Ma'ariv	6:10 P.M.
Candle lighting	not before 7:24 P.M.

### **Sun., Oct. 4 — *2<sup>ND</sup> DAY SUCCOT***

Shacharit	9:00 A.M.
Yom Tov ends	7:24 P.M.

### **Mon., Oct. 5 – Thurs. Oct. 8**

*1<sup>ST</sup> – 4<sup>TH</sup> DAYS CHOL HAMOED*

Shacharit	7:15 A.M.
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### **Fri., Oct. 9 - *HOSHANAH RABBAH***

*EREV SHABBAT*

Shacharit	7:00 A.M.
Candle Lighting	6:09 P.M.
Mincha, Kabbalat Shabbat, & Ma'ariv	6:15 P.M.

### **Shabbat, Oct. 10 — *SHEMINI ATZERET***

Shacharit	9:00 A.M.
Yizkor	10:00 A.M.
Musaf	10:30 A.M.
Mincha	6:10 P.M.
Hakafot (Torah celebration) & Ma'ariv	7:30 P.M.

followed by Ma'ariv followed by Simchat Torah Party

Candle lighting	not before 7:10 P.M.
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### **Sun., Oct. 11 — *Simchat Torah***

Shacharit	9:00 A.M.
Hakafot (Torah celebration) & Mussaf	10:00 A.M.
followed by <i>Simchat Torah</i> Luncheon	
Yom Tov ends	7:10 P.M.

### **Fri., Oct. 16— *EREV SHABBAT BERAISHIT***

Shacharit	7:30 A.M.
Candle Lighting	5:58 P.M.
Mincha, Kabbalat Shabbat, & Ma'ariv	6:00 P.M.

### **Shabbat, Oct. 17 — *SHABBAT BERAISHIT***

Shacharit	9:00 A.M.
Mincha	5:50 P.M.
Shabbat ends	7:02 P.M.

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### **Eruv Information**

In order to utilize the New Brunswick eruv, you must check weekly on its status (whether it is functioning for that Shabbat) by calling the Eruv hotline: (732) 247-ERUV before Shabbat.

To request to be placed on the Eruv e-mail list, please call the Rutgers Hillel Foundation: (732) 545-2407.

For a map of the Highland Park/Edison and New Brunswick Eruvim boundaries go to [www.hperuv.org](http://www.hperuv.org).

**ROSH HASHANAH**

- On both nights of Rosh Hashanah, the Hebrew New Year, it is customary to eat foods which symbolize sweetness, blessings and abundance. We dip the Challah in honey. (This custom is observed throughout the holiday of Succot.) A head (of fish or fowl) is served so that we may be as a head and not the tail. We also eat carrots which are not only sweet, but in Yiddish are called *Mern*—which means to multiply, indicating our hope that our merits before G-d will multiply. On the first evening of Rosh Hashanah, after eating the first piece of Challah, we dip a piece of apple in honey. We say the following blessing, over the apple: *Ba-ruch A-tah Ado-nai E-lo-bei-nu Me-lech Ha-olam Borei Pri Ha-etz*. (Blessed are You, L-rd, our G-d, King of the universe, who creates the fruit of the tree.) We then add the following supplication: *Yehi Ratzon She-te-chadesh Aleinu Shana Tovah Ume-tukah*. (May it be Your will to renew for us a good and sweet year.)
- On the second evening, after Kiddush, we eat a fruit which we have not yet eaten in the past year, and say the following blessing: *Ba-ruch A-tah Ado-nai E-lo-bei-nu Me-lech Ha-olam Borei Pri Ha-etz*. (Blessed are You, L-rd, our G-d, King of the universe, who creates the fruit of the tree.)
- On Rosh Hashanah we are duty bound by a biblical commandment to hear the blowing of the shofar. If one is ill and cannot hear the shofar in the synagogue, please inform Rabbi Mykoff so he can make other arrangements for you to hear the shofar. This year, since Rosh Hashanah begins on Shabbat, we will only blow the



shofar on Sunday, September 20. Rosh Hashanah begins the period called the Ten Days of Repentance, which concludes at the end of Yom Kippur.

- Tashlich - In the afternoon of the first day of Rosh Hashanah (this year it will be on the second day since the first day of Rosh Hashanah falls on Shabbat) *Tashlich* prayers are said, in which we ask G-d to "cast away our sins in the depths of the sea". The *Tashlich* service should be recited at a body of water (sea, river, lake, pond, etc.) containing fish.

- If one was not able to recite the Tashlich service on Rosh Hashanah, it may be said until Hoshana Rabba, the last day of Succot.

**YOM KIPPUR**

- Before Yom Kippur we perform the rite of *Kapporot*, a symbolic atonement. Nowadays, the *kapporot* is usually performed using money which is given to charity. The word *kapporot* (like *kippur*) means "atonement." However, one should not think that *kapporot* alone is the source of atonement. Rather, it serves as a means to bring a person to the awareness that he should repent and ask G-d for mercy.
- On Yom Kippur we observe all the prohibitions applicable to Shabbat.
- We are biblically restricted from eating or drinking anything on this day.
- We are restricted from washing for pleasure, anointing one's body for pleasure (perfumes, lotions, etc.), wearing leather shoes, and marital relations.

**SUCCOT**

Throughout the festival of Succot it is forbidden for males to eat outside of the Succah any meal in which bread or cake the size of an egg is eaten.

On the first two nights of Succot, we must eat in the Succah at least a piece of bread the size of an olive (about

*(Continued on page 4)*



**WEEKLY CLASSES & SHIURIM**

**Millionaire Club** – Lunch & Torah study with Rabbi Mykoff  
Tues. & Thurs. 12:00 - 1:00 P.M.

**Torah Study** in Russian – Learn the Torah with Rabbi Eli Kogan. Thursdays – 7:00 P.M. Men and women. Refreshments served.

*(Rabbi's message continued from page 1)*

Thirteen Attributes of Hashem, but to emulate them as we are enjoined in the Torah "והלכת בדרכיו" - "And you shall follow in His ways." "As He is merciful, so shall you be merciful; as He is kind, so shall you be kind." By doing so we will assure that Hashem will hear our pleas and bless us with a year of life and peace, שנת היים ושלום, for ourselves and all Israel.



*(President's message continued from page 1)*  
our accessibility.

Please reserve November 22 for our 108 Anniversary Dinner. Honorees will be Hy and Anat Appelbaum and Joel and Lillian Paul. Additional information and ad blanks will be sent to you shortly. Our dinner last year was quite successful in augmenting our operating funds; we are hoping to top it this year. If you are interested in becoming a member of our dinner committee, please call Caryn Lipson at (732) 545-6123 or email [admin@poilezedek.org](mailto:admin@poilezedek.org). The more of us who are involved, the more successful we will be.

Best wishes for a happy and healthy new year.

*Danny*

the size of an egg), even though we may not feel hungry, or even if it rains very hard and does not seem likely to stop soon. At all other times during the festival, if it rains so hard that the food would get spoiled by the rain, we need not eat in the Succah.



At every meal eaten in the Succah, following the blessing *hamotzi* (or *borei minei mezonos*) add the blessing *leishev basuccah*. If we remain in the Succah from one meal to the other, it is not necessary to make the blessing *leishev basuccah* again.

Women are not obligated to eat in the Succah, but it is customary for them to do so.

Until after Simchas Torah, it is not permissible to use either the boards of the Succah or the "*sechach*" for any other purpose.

Beginning with the first day of Succot through Hoshana Rabbah, we must make the blessing over the Lulav and Etrog every day, except Shabbat. As the first day of Succot falls on Shabbat this year, we begin making the blessing on the Lulav and Etrog on Sunday, the second day of Yom Tov.

Before saying the blessing over the Etrog, the Lulav (to which the Hadassim and Aravot - the twigs of myrtle and willow - are bound) should be taken in the right hand, and the Etrog in the left hand, with the pitim down, and the blessing - *al netilat lulav* is said. (When the Etrog is taken for the first time, this blessing should be followed by the blessing of *shebecheyanu*). After the blessing is said, the Etrog is turned over with the pitim up, while still holding the Lulav in the right hand, with both hands close together, the "four kinds" should be waved in all four directions, and up and down, and the procedure is thus concluded.

If one did not have an Etrog in the morning, one can still say the blessing over the Etrog later, as long as it is still daytime.

The seventh day of Succot is Hoshana Rabbah. The night before, we say "*Tikkun*."

In the morning service we say all the "Hoshanot," after which we strike the floor five times with the "Hoshana" (a bundle of 5 twigs of willow).

### **SHEMINI ATZERES AND SIMCHAT TORAH**

The eighth day of Succot is Shemini Atzeres and the ninth - Simchat Torah. On both Shemini Atzeres and Simchat Torah "*shebecheyanu*" is said at the candle lighting and Kiddush services.

On Shemini Atzeres we still eat in the Succah but without the blessing "*Leishev Basuccah*."

## **Good & Welfare**

### **Mazel Tov**

To the following upon their celebrations:

#### **Births**

Ken & Nicole Dietz on the birth of a daughter.  
Joshua and IJ Shore upon the birth of a son.

#### **Bar/Bat Mitzvahs**

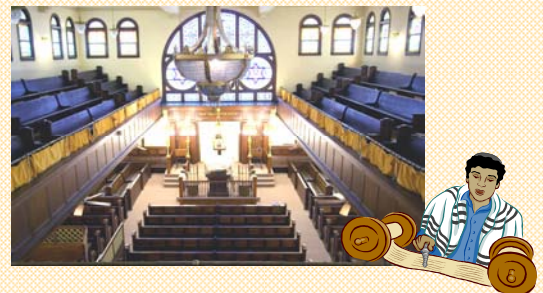
Boris & Regina Bakshiyev on the Bar Mitzvah of their son Benjamin at Poile Zedek.  
Dr. Ephraim & Sandra Frankel on the Bat Mitzvah of their granddaughter, Eliana Liebman.  
Roman & Ruta Shaulov on the Bar Mitzvah of their son Jason at Poile Zedek.  
Jay & Michelle Wegodsky on the upcoming Bar Mitzvah of their son Joshua at Poile Zedek.

#### **Marriages**

Dr. Ephraim & Sandra Frankel on marriage of their granddaughter, Leya Eisenman.  
Michael & Judi Seidemann on the marriage of their granddaughter Elisheva to Eliyahu Goldwasser.  
Richard and Aviva Shusteris on their marriage.  
May they build a "*Bayis Ne'eman B'Yisrael*."

## **A SIMCHA YOU CAN AFFORD IN Congregation Poile Zedek's HISTORIC LANDMARK SYNAGOGUE**

Our magnificent sanctuary  
and party room  
are available for your simcha  
at a remarkably affordable price.



Centrally located at 145 Neilson Street,  
New Brunswick, NJ, we are just a few short  
blocks from New Jersey Transit, major  
highways, and the New Brunswick Hyatt.

*DON'T GO ANYWHERE ELSE BEFORE CALLING US!*

(732) 545-6123

*In the Orthodox tradition.*

[www.poilezedek.org](http://www.poilezedek.org)

## Refuah Shelaimah

A speedy and complete recovery to the following:

Bea Einstein, Morton Evans, Dr. Efraim Frankel, Pearl Friedkin, Mike Gross, Bernard Israel, Marvin Mitchell, Yaakov Novichenok, Baruch & Wade Savitt, Boris Shaulov, Irving Smith, Phyllis Smith, Helen S. Solomon.

### Condolences

Mark Elfant and family and Zesal Caskin and family on the loss of their beloved mother and grandmother, Anne Elfant, an esteemed veteran member of Poile Zedek whose husband and son both served the congregation as president.

Harold Granek and family on the passing of their beloved wife and mother, Suri Granek.

Leonid Kublanov on the passing of his beloved mother, Svetlana Kublanov.

*"May the Almighty console the families among the other mourners of Zion and Jerusalem."*

### Yahrzeits

#### Tishrei 5770— Sept./Oct. 2009

##### 1 Tishrei — September 19

Alan Goldman.....father  
Sara-Ann Goldman.....father

##### 2 Tishrei — September 20

Irving Smith..... brother, Leon

##### 5 Tishrei — September 23

Esther Bergknoff.....brother-in-law, Morris Steckel  
Esther Chopp.....father, Leo Schonbrun  
Bobbi Rubin.....Barbara Engelberg  
Harry Schick.....Barbara Engelberg

##### 7 Tishrei — September 25

Henrietta Buckner.....sister, Caroline

##### 8 Tishrei — September 26

Jonathan Friedman..... father

##### 10 Tishrei — September 28

Bea Einstein..... mother

##### 12 Tishrei — September 30

Esther Bergknoff..... sister, Tillie Jarcho

##### 13 Tishrei — October 1

Bobbi Rubin.....Aunt Betty  
Harry Schick.....Aunt Betty

##### 14 Tishrei — October 2

Joan Israel..... cousin, Judy Powell

##### 15 Tishrei — October 3

Bernard Israel.....mother, Gertrude Israel

##### 21 Tishrei — October 9

Marvin Marantz..... mother, Sarah Marantz  
Edith Schwartz..... mother, Sarah Marantz

##### 22 Tishrei — October 10

Bill Feldman..... father, Zvi

##### 24 Tishrei — October 12

Ivan Saiff..... brother, Herbert

##### 29 Tishrei — October 17

Bobbi Rubin..... Uncle Sam  
Harry Schick..... Uncle Sam

##### 30 Tishrei — October 18

Eli Bussell..... wife, Leila S. Bussell  
Sharon Raven..... grandmother, Bertha Pinkwas

#### Cheshvan 5770 – Oct./Nov. 2009

##### 4 Cheshvan — October 22

Bobbi Rubin..... father, Lou Schick  
Harry Schick..... father, Lou Schick

##### 5 Cheshvan — October 23

Gary Bagen.....father, Nathaniel  
Ron Bagen.....father, Nathaniel

##### 7 Cheshvan — October 25

Frank Rubin..... father

##### 8 Cheshvan — October 26

Elliot Bienenstock..... father, Ezekiel Bienenstock  
Marvin Marantz.....father, Phillip Marantz  
Esther Marder..... sister, Anna Berkow Porges  
Edith Schwartz.....father, Phillip Marantz

##### 11 Cheshvan — October 29

Irene Bank..... brother-in-law  
Dan Beckenstein.....mother, Elsie

##### 12 Cheshvan — October 30

Carol Weisfelner..... father, Leonard Isser

##### 14 Cheshvan — November 1

Edith Schwartz.....husband, Sol

##### 16 Cheshvan — November 3

Dan Beckenstein.....grandmother, Ida Langbord  
Ivan Saiff..... father, William

##### 18 Cheshvan — November 5

Donald Kaplan..... father, Jacob Abraham

##### 19 Cheshvan — November 6

Norman Mironov.....brother, Nathan

##### 20 Cheshvan — November 7

Mark Berkowitz.....grandfather, John Young  
Robert Berkowitz.....grandfather, John Young

##### 23 Cheshvan — November 10

Norman Mironov..... father  
Joan Sassenoff.....husband, Howard Sassenoff

##### 25 Cheshvan — November 12

Hal Ornstein..... father, Richard

##### 27 Cheshvan — November 14

Bernard Israel.....uncle, Dr. Solomon Israel

##### 29 Cheshvan — November 16

Alan Brown..... mother, Shirley Brown

##### 30 Cheshvan — November 17

May you and your family  
be inscribed for a life of health,  
happiness, and prosperity.

לשנה טובה תכתבו ותחתמו

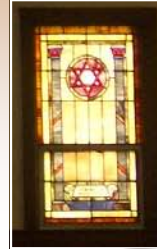
**Poile Zedek Cemetery**  
**Affordable Interment Options**  
**for you and your family.**

The Poile Zedek Cemetery has a number of plots still available. Reserving a plot in advance gives you and your family peace of mind and insures that family members will be buried next to each other. The fee for reserving/buying a plot in our cemetery is extremely reasonable.

To reserve plots for your family or for more information please call Kevin Leff (201) 310-4802 of the Poile Zedek Cemetery Association or the synagogue at (732) 545-6123, email admin@poilezedek.org.

**A Loving Tribute**

**Memorial Windows**



Memorialize your loved ones by dedicating a stained glass window in our beautiful sanctuary. A limited number of windows are still available for this fitting tribute to the memory of a cherished family member. Each window is \$1500.

**Memorial Plaques**

Memorialize your loved ones by having their names listed on our bronze Memorial Boards in the sanctuary. A light will be illuminated on their yahrzeit dates. Each plaque is \$150.



Please call the synagogue at (732) 545-6123 to dedicate a window, order a plaque, or for more information.

**Yahrzeit Donations**

**To sponsor a Kiddush or breakfast, or make a donation in memory of your loved one, please complete and return the form below to the synagogue.**

In order to help keep the Yahrzeit list up to date, please let us know the full name of the above family member and any other family member(s) that you would like included and return to the synagogue.

Name \_\_\_\_\_

Address \_\_\_\_\_

I would like to (check one)

sponsor a daily breakfast - \$18     sponsor a Sunday breakfast - \$25     sponsor a Kiddush - \$36

make a donation in memory of :

Relative's name \_\_\_\_\_ Hebrew date of death \_\_\_\_\_

Enclosed please find my check for  \$18  \$25  \$36  \$54  \$72  \$100  other \_\_\_\_\_.

Please add the following names to the Yahrzeit list:

English Name	Hebrew Name	Relationship	Hebrew Date of Death
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

# *Congregation Poile Zedek*

Cordially invites you, your family, and friends  
to join us on

## **SIMCHAT TORAH**

for our

## **Gala Simchat Torah Parties**



### **SATURDAY NIGHT, OCTOBER 10**

Hakafot (Torah Dancing) 7:30 P.M.  
followed by Simchat Torah Dinner Party

### **SUNDAY, OCTOBER 11**

Morning Services 9:00 A.M.  
Hakafot (Torah Dancing) 10:00 A.M.  
Followed by Simchat Torah Luncheon

ALSO! Saturday, October 11, Shemini Atzeret  
Morning Services 9:00 A.M.

\* Yizkor Service 10:00 A.M. \*

**FREE to the community!**

145 Neilson Street, New Brunswick  
For more information call (732) 545-6123