

### The Poile Zedek Bulletin

September/October 2004 145 Neilson Street, P.O. Box 166 New Brunswick, NJ 08903 (732) 545-6123 Tishrei 5765 Rabbi: Abraham J. Mykoff President: Mr. Danny Ravitz

## MAY YOU BE INSCRIBED FOR A YEAR OF PEACE & TRANQUILITY



### לשנה טובה תכתבו ותחתמו

### THE RABBI'S MESSAGE

### The Sounds of the Shofar

"Happy are the people who know the sound of the shofar."

This Rosh Hashanah commemorates the year 5765 since the creation of mankind. It is a leap year.

The three dominant themes associated with the Shofar of Rosh Hashanah are (1) Kingship, (2) Remembrances, and (3) the Sound of the Shofar. In the Musaf service, which is the longest silent devotional of the year, we quote 10 biblical verses for each of these themes.

The theme of Kingship commemorates Rosh Hashanah as the birthday of Adam and all mankind. The Almighty established his dominion over the universe as King and Sovereign of mankind.

The theme of Remembrance recalls the heroism of our forefathers Abraham and Isaac who were willing to make the ultimate sacrifice at the binding of Isaac. Symbolically, the ram's horn is to inspire us to emulate their loyalty and devotion to Hashem.

The theme of Shofar represents our prayers that Hashem hear the sound of the shofar. We petition Him to remember Abraham's and Isaac's self-sacrifice, and on their behalf, on this Judgment day, grant us, their descendents, a year of blessings.

K'Tiva V'Chatima Tova. May this year bring health, happiness and peace for you, your families, and all of Israel..

### THE PRESIDENT'S MESSAGE

With the approach of Rosh Hashanah, we look back and take stock of the year that has passed and make plans for the year to come.

At Poile Zedek it's easy to look back and be proud of our accomplishments and to look forward to a promising new year. Our unique location in New Brunswick and our commitment to the Jewish community at large, no matter what a person's background, has made it possible for many individuals to come here, feel comfortable and benefit from the religious and social services we provide. We service our membership, our congregants, the Russian Jewish community, Rutgers University students, many of whom have been inspired here and have gone on to make greater commitments to Judaism, and the many visitors from the hospitals and Hyatt Hotel who join us for services. We have also hosted Shabbat meals for guests staying at the Hyatt, Bar Mitzvahs, weddings and simchas. We can be proud that all find a warm welcome here.

It can only be that in the year to come, 5765, we continue on this path and increase the opportunities for Poile Zedek to become even more supportive to those who depend on us.

I'd like to wish you and your families a happy and healthy New Year with blessings of peace and prosperity for all Israel.

Danny

### **High Holy Days and Succot Practices**

### **ERUV TAVSHILIN**

When Yom Tov falls on Thursday and Friday as do Rosh Hashanah and Succot this year, then we must make an Eruv Tavshilin to allow us to cook on Friday for the Shabbat immediately following the holiday.

The Eruv Tavshilin consists of two cooked items, a piece of Matzah, or a Challah roll and something cooked, for example, a boiled egg or a piece of fish, which have been prepared before the onset of the Festival. The blessing: "Blessed are You, Hashem, our G-d, King of the Universe, who has commanded us, concerning the mitzvah of the eruv" is recited and the two foods are put aside until Shabbat. They are eaten at the Shabbat meal.

The Eruv Tavshilin symbolically serves as the beginning of the preparation of food for Shabbat. Thus, any subsequent cooking done on the Festival is considered to be a continuation of the preparation begun before the Festival.



### **ROSH HASHANAH**

- On Rosh Hashanah, the Hebrew New Year, we are duty bound by a biblical commandment to hear the blowing of the shofar. If one is ill and cannot hear the shofar in the synagogue, please inform Rabbi Mykoff for other arrangements.
- Rosh Hashanah begins the period called the Ten Days of Repentance, which concludes at the end of Yom Kippur.
- Tashlich In the afternoon of the first day of Rosh Hashanah. *Tashlich* prayers are said, in which we ask G-d to "cast away our sins in the depths of the sea". The *Tashlich* service should be recited at a body of water (sea, river, lake, pond, etc.) containing fish.
- If one was not able to recite the Tashlich service on Rosh Hashanah, it may be said until Hoshana Rabba, the last day of Succot.

### YOM KIPPUR

Before Yom Kippur we perform the rite of Kapporot, a symbolic atonement. Nowadays, the kapporot is usually performed using money which is given to charity. The word kapparot (like kippur) means "atonement." However, one

- should not think that *kapporot* serves as a source of atonement. Rather, it serves as a means to bring a person to the awareness that he should repent and ask G-d for mercy.
- On Yom Kippur we observe all the prohibitions applicable to Shabbat.
- We are biblically restricted from eating or drinking anything on this day.
- We are restricted from washing for pleasure, anointing one's body for pleasure (perfumes, lotions, etc.), wearing leather shoes, and marital relations.

### **SUCCOT**



- Throughout the festival of Succot it is forbidden for males to eat outside of the Succah any meal in which bread or cake the size of an egg is eaten.
- On the first two nights of Succot, we must eat in the Succah at least a piece of bread the size of an olive (about the size of an egg), even though we may not feel hungry, or even if it rains very hard and does not seem likely to stop soon. At all other times during the festival, if it rains so hard that the food would get spoiled by the rain, we need not eat in the Succah.
- At every meal eaten in the Succah, following the blessing *hamotzi* (or *borei minei mezonos*) add the blessing *leishev basuccah*. If we remain in the Succah from one meal to the other, it is not necessary to make the blessing *leishev basuccah* again.
- Women are not obligated to eat in the Succah, but it is customary for them to do so.
- Until after Simchas Torah, it is not permissible to use either the boards of the Succah or the "sechach" for any other purpose.
- Beginning with the first day of Succot through Hoshana Rabbah, we must make the blessing over the Four Kinds every day, except Shabbat.
- Before saying the blessing over the Etrog, the Lulav (to which the Hadassim and Aravot the twigs of myrtle and willow - are bound) should be taken in the right hand, and the Etrog

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### ROSH HASHANA — SUCCOT Schedule

<u>ROSH HASHANA</u>		Torah Reading	10:00 A.M.	
WEDNESDAY, SEPT. 15—EREV ROSH HASHANA		Yizkor	11:00 A.M.	
Slichot	7:00 A.M.	Musaf	11:30 A.M.	
Shacharit	7:30 A.M.	Seminar: Reflections on Yom Kippur	4:00 P.M.	
Prepare Erw Tavshilin before candle lighting		Mincha	5:00 P.M.	
Candle lighting & Mincha	6:45 P.M.	N'ilah	6:00 P.M.	
Thursday, Sept. 16—First Day, Ross	Н	Fast Ends	7:30 P.M.	
HASHANAH		Break the Fast reception following services		
Shacharit	8:30 A.M.	<u>SUCCOT—SIMCHAT TOR</u>	<u>RAH</u>	
Torah Reading	9:45 A.M.	WEDNESDAY, SEPT. 29—EREV SUCCO	T	
Sermon	10:30 A.M.	Shacharit	7:00 A.M.	
Musaf Service	11:00 A.M.	Prepare Erw Tavshilin before candle lighting		
followed by Seudah Luncheon		Candle lighting	6:24 P.M.	
Tashlich	6:00 P.M.	Mincha and Ma'ariv	6:30 P.M.	
Mincha	6:30 P.M.	THURSDAY, SEPT. 30—FIRST DAY SUCCO	-	
Rosh Hashanah Reflections	7:00 P.M.	Shacharit	9:00 A.M.	
Ma'ariv	7:40 P.M.	Mincha and Ma'ariv	6:30 P.M.	
Candle lighting not befo	ore 7:45 P.M.		fore 7:25 P.M.	
FRI., SEPT. 17—SECOND DAY ROSH HA	ICH AN AH	8 8		
EREV SHABBAT		<b>Friday, October 1</b> — <i>Second Day Succot</i> <i>Erev Shabbat</i>		
Shacharit	8:30 A.M.	Shacharit	9:00 A.M.	
Torah Reading	9:45 A.M.	Candle lighting	6:20 P.M.	
Sermon	10:30 A.M.	Mincha and Ma'ariv	6:20 P.M.	
Shofar	10:45 A.M.		0.20 1 .11.	
Musaf Service	11:00 A.M.	SHABBAT, OCTOBER 2—SHABBAT		
Followed by Kiddush		FIRST DAY CHOL HAM		
Candle lighting	6:45 P.M.	Shacharit	9:00 A.M.	
Mincha	6:45 P.M.	Mincha and Ma'ariv	6:15 P.M.	
ASSERET Y'MEI TESHUVA		Shabbat ends	7:20 P.M.	
SHABBAT, SEPT. 18—SHABBAT SHUVA		MON. – TUES., OCT. 4-5—CHOL HAMOED		
Shacharit	9:00 A.M.	Shacharit	7:45 A.M.	
Mincha and Ma'ariv	6:30 P.M.	Wednesday, Oct. 6—Hoshanah Rabb.		
Shabbat ends	7:45 P.M.	Shacharit	7:00 A.M.	
		Prepare Erw Tavshilin before candle lighting		
SUNDAY, SEPT. 19—TZOM (FAST OF) GEDAN	<i>зхан</i> 5:15 А.М.	Candle Lighting	6:10 P.M.	
Fast begins Slichot	7:45 A.M.	Mincha and Ma'ariv	6:15 P.M.	
Shacharit	8:00 A.M.	Thursday, Oct. 7—Shmini Atzeret		
Mincha and Maariv	6:30 P.M.	Shacharit	9:00 A.M.	
Fast ends	7:19 P.M.	Yizkor	10:00 A.M.	
	/.1/ 1 .1 <b>v1.</b>	Mincha and Hakafot (Torah celebration)	6:00 P.M.	
MONDAY, SEPT. 20—THURSDAY, SEPT. 23		0 0	fore 7:10 P.M.	
Slichot	7:00 A.M.	Simchat Torah Party	7:15 P.M.	
Shacharit  YOM KIPPUR	7:20 A.M.	Fri, Oct. 8— Simchat Torah, Erev Sh		
		Shacharit	9:00 A.M.	
FRIDAY, SEPT. 24—EREV YOM KIPPUR	7.00 4.14	Hakafot (Torah celebration)	10:00 A.M.	
Slichot	7:00 A.M.	Followed by Musaf & Simchat Torah Lu		
Shacharit	7:20 A.M.	Candle lighting	6:10 P.M.	
Perform the rite of <i>Kapporot</i> (symbolic atonemo	•	Mincha and Ma'ariv	6:15 P.M.	
Candle Lighting	6:30 P.M.	Shabbat, Oct. 9—Shabbat Beraish	IS	
Mincha	6:20 P.M.	Shacharit	9:00 A.M.	
Kol Nidrei	6:30 P.M.	Mincha and Ma'ariv	6:00 P.M.	
SHABBAT, SEPT. 25—YOM KIPPUR		Shabbat ends	7:10 P.M.	
Shacharit	8:30 A.M.			

### Good & Welfare Tishrei 14 - September 29 Joan Israel .....cousin, Jody Mazel Tov Tishrei 15 - September 30 To the following upon their celebrations: Bernard Israel .....mother Marvin Marantz.....mother Engagements Edith Schwartz.....mother David & Orley Moshenberg on the forthcoming Elizabeth Friedman ...... father marriage of their son. Tishrei 21 - October 6 David Sontz on his upcoming marriage. Marvin Marantz.....mother Marriages Edith Schwartz.....mother Ann & Philip Heyman. Tishrei 24 - October 9 Elizabeth Friedman ...... father Elon & Chaya Dunsay. Tishrei 29 - October 14 May the respective couples build a Bobbi Rubin ......Uncle Sam "Bayis Ne'eman B'Yisrael." Harry Schick ......Uncle Sam **Births** Cheshvan 5765 - Oct./Nov. 2004 Mr. & Mrs. Jacob Benchetrit on the birth of a Cheshvan 1 - October 7 grandson. Freda Gordon .....son Mr. & Mrs. Barry Kegeles on the birth of a Gerald Gordon .....brother granddaughter. Cheshvan 4 - October 19 New U.S. Citizens Bobbi Rubin ......father, Lou Schick Sonia & Chaim Block, Riva Umanskaya, and Harry Schick ......father, Lou Schick Chaim Shparber have recently received United Cheshvan 7 - October 22 States Citizenship. Frank Rubin ......father New house Cheshvan 8 - October 23 Nathan Buckner.....brother, Jack Fred & Ariella Schachter on their move to a new Marvin Marantz.....father home. Esther Marder .....sister, Anna Refuah Shelaima Edith Schwartz.....father Cheshvan 11 - October 26 A speedy and complete recovery to the following: Irene Bank.....brother-in-law Luiza Ashurova, Bea Einstein, Pearl Friedkin, Cheshvan 12 - October 27 Miriam Goldman, Freda Gordon, Regina Kafel, Audrey Mironov.....father Yehudit Mitchell, Richard Ornstein, Edith Cheshvan 14 - October 29 Schwartz, & Sima Svirsky, Mrs. Benchetrit. Herb Milecofsky.....mother Edith Schwartz.....husband **Yahrzeits** Cheshvan 16 - October 31 Tishrei 5765 - Sept./Oct. 2004 Ivan Saiff.....father Cheshvan 18 - November 2 Tishrei 1 - September 16 Judith Kaplan.....husband Miriam Goldman ..... husband Abraham Hann.....mother Sara-Ann Goldman ...... father Wayne Kotzker .....father Tishrei 5 - September 20 Norman Mironov ......brother, Nathan Bobbi Rubin ...... Barbara Engelberg Harry Schick...... Barbara Engelberg Cheshvan 20 - November 4 Robert Berkowitz .....grandfather Esther Chopp...... father, Leo Schonbrun Mark Berkowitz.....grandfather Tishrei 7 - September 22 Cheshvan 23 - November 7 Henrietta Buckner .....sister, Carolina Norman Mironov ......father Tishrei 8 - September 23 Joan Sassenoff.....husband Jonathan Friedman...... father Cheshvan 27 - November 11 Tishrei 10 - September 25 Bernard Israel ......Uncle Solomon

Freda Gordon ..... mother

Bea Einstein..... mother

Bobbi Rubin ...... Aunt Betty Harry Schick ...... Aunt Betty

Lorraine Smith ..... father

Tishrei 13 - September 28

Cheshvan 29 - November 13

Alan Brown.....mother

### Yizkor Appeal

We are pleased that Poile Zedek is able to serve a diverse congregation, helping many people maintain their ties to Judaism by strengthening their Jewish heritage and enabling them to participate in Jewish services and holiday celebrations.

Maintenance and upkeep of the synagogue is of paramount importance. This year we have upgraded the boiler, improved the drainage system, repainted as necessary and are in the process of replacing the covers for the reader' stands, and arranging for necessary electrical work.

It is traditional to make a pledge during the Yizkor portion of the Yom Kippur service. However, rather than making an appeal during services, we will be sending a request in the mail very shortly. Please respond promptly and with a full heart so that we may be able to continue to maintain the shul and meet the needs of all those who rely on Poile Zedek.

### **Your Contributions Count!**

Your contributions to Poile Zedek are most important. Not only do they support the operation of the shul, they also enable Poile Zedek to continue providing vital services to our community.

Poile Zedek has three funds which help us achieve our goals as well.

### The Joan Schick Educational Fund

This fund will include the dedication of the Joan Schick Memorial Library. The fund will be used to support Torah education on both a community and individual basis. It is in memory of a true woman of valor who devoted herself tirelessly to the synagogue.

### The Rebbetzin Fanny Mykoff Torah Fund

Established in the memory of Rabbi Abraham Mykoff's mother, of blessed memory, the Torah fund furthers Torah observance by assisting individuals to meet their social and religious needs.

### The William Weber Matzah Fund

The William Weber Matzah fund was established by William Weber, of blessed memory, a veteran member of the congregation. The Matzah fund provides Passover food for the needy and sponsors our annual Community Seder. This year food was distributed to more than 100 families and over 75 people attended the Community Seder.

To become involved in our programs or make a donation, please call the synagogue office.

### Support Israel at this critical time

Now more than ever, the State of Israel needs our support. One way in which we can do this is through the purchase of Israel Bonds.

"Only a strong Israel can search for a genuine and lasting peace, defend itself against the ruthless terrorists intent on destroying the Jewish state, and remain a safe and secure homeland for the Jewish people," said Prime Minister Sharon in a message to the Israel Bonds organization.

Israel Bonds are issued by the Israeli government. Since the first bond sold in 1951, Israel bonds has secured \$25 billion in investment capital and Israel has made very payment of principal and interest on time and in full.

For more information, contact Anita Fray (732) 828-0200.

### Yahrzeit Notices

Poile Zedek regularly notifies those affiliated with the synagogue of upcoming family yahrzeits. If you would like to be included on this list, please fill out the information below and send this form to the synagogue and we will include your name on our notification list.

	llowing names to the Yah			
English Name	Hebrew Name	Relationship	Hebrew Date of Death	English Date of Death

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in the left hand, with the pitim down, and the blessing - al netilat lulav is said. (When the Etrog is taken for the first time, this blessing should be followed by the blessing of shehecheyanu). After the blessing is said, the Etrog is turned over with the pitim up, while still holding the Lulav in the right hand, and the hands should be drawn close together. The "four kinds" should be waved together, and the procedure is thus concluded.

- If one did not have an Etrog in the morning, one can still say the blessing over the Etrog later, as long as it is still daytime.
- The seventh day of Succot is Hoshanah Rabbah. The night before, we say "Tikkun."
- In the morning service we say all the "Hoshanot," after which we strike the floor five times with the "Hoshana" (a bundle of 5 twigs of willow).

### SHEMINI ATZERES AND SIMCHAT TORAH

- The eighth day of Succot is Shemini Atzeres and the ninth -Simchat Torah. On both Shemini Atzeres and Simchat Torah shehecheyanu is saidat the Kiddush service.
- On Shemini Atzeres we still eat in the Succah but without the blessing leishev basuccah.



### WEEKLY CLASSES & SHIURIM



Millionaire's Club— Lunch & Torah study
Tuesday12:00 P.M.— 1:30 P.M.
Thursday12:00 P.M.— 1:30 P.M.

**Partners in Torah**—Study with your own private rabbi from Lakewood. Refreshments and *Ma'ariv* following.

Wednesday—8:10 P.M.

**English as a Second Language**— Mon-7 P.M with Linda Greenberg.

**Beginners Hebrew** — Monday 7:30 P.M. with Renee Silverstein.

For further information, please call the synagogue.

### Say Cheese, Please



On Saturday night, September 11, Congregation Poile Zedek invited the community to participate in a Wine & Cheese Melava Malka preceding Slichot services. This was an opportunity to taste various

kosher wines and sample delicious kosher cheeses. All enjoyed noshing and schmoozing. This was followed by an inspiring video by the renowned speaker, Rabbi Frand, and the evening concluded with Slichot services. All agreed the evening was a complete success! We look forward to having more such opportunities for congregants and the community to come together.

I want to take this time to wish all a Shana Tova U'Mitooka, a good and sweet New Year.

Eric Kammer, Vice President

### Message from the Sisterhood President

On behalf of the entire sisterhood, I would like to extend wishes of a Shana Tova with health and happiness for all our congregation and Israel. Freda Gordon

### **Eruv Information**

In order to utilize the New Brunswick eruv, you must check weekly on its status (whether it is up or down for that Shabbat). If you want to be notified by weekly e-mail of the status, please call the Hillel Foundation: (732) 545-2407 and request to be placed on the Eruv e-mail list or call the Eruv hotline: (732) 247-ERUV

# Celebrate at Poile Zedek Do you have a wedding or Bar/Bat Mitzvah coming up? The magnificent sanctuary in our landmark synagogue is available for your simcha. We also have a room for kiddushim, luncheons and parties (anniversary, birthday, bris or upsherin). Or you can hold your service in the sanctuary and your reception next door at the Hyatt. Either way, it will be an affair to be remembered. Please call the synagogue at 732-545-6123 for more information.